

Medication Adherence



Medication adherence improves overall patient health and reduces hospitalizations. Non-adherence takes the lives of 125,000 Americans each year and costs the health care system nearly \$300 billion a year in additional medical visits and hospitalizations.

(Source: American Heart Association)

Focus on these Medication Adherence Measures - MEDICARE PART D

1. (MAC) Medication Adherence for Cholesterol Medication (Statins)
2. (MAD) Medication Adherence for Diabetic Medication
3. (MAH) Medication Adherence for Hypertension (RAS Antagonists) Medications

Measure Compliance

Percent of members ages 18 and older who adhere to their medication at least 80% of the time in the measurement period.

Measure Tips

- Members qualify for the measure with the 2nd fill, but the measurement period starts with the date of the 1st fill.
- To be included in the measure, the 1st fill of medication must occur at least 91 days before the end of the enrollment period.
- The proportion of days is the percent of days in the measurement period covered by prescription claims for the same medication or another in its therapeutic category.

Measure Exclusions

- Members in Hospice, End-Stage Renal Disease (ESRD) or on dialysis; For Diabetes (MAD): One or more prescription claims for Insulin; For Hypertension (MAH): One or more prescription claim for Sacubitril/ Valsartan (Entresto®).

Quality Measure	Description
(MAC) Medication Adherence for Cholesterol (Statins)	Statins – Any of a group of drugs that act to reduce levels of fats, including triglycerides and cholesterol, in the blood.
(MAD) Medication Adherence for Diabetes (DIAB)	Oral antidiabetic medications defined as Biguanides, Sulfonylureas, Thiazolidinediones, DPP-IV inhibitors, GLP-1 receptor agonists, Meglitinides, and SGLT2 inhibitors.
(MAH) Medication Adherence for Hypertension (RASA)	Renin-Angiotensin System (RAS) antagonists defined as ACE inhibitors, ARBs, or Direct Renin Inhibitors.

Best Practices



Order 90-day prescriptions

Enrolling in 90-day or home delivery programs can ensure compliance







Review ALL medications

During each visit, including over-the-counter
When feasible, reduce medications/dosages



Ensure understanding

Purpose of medication, potential side effects, how to manage

Common Concerns		Discussion Points
	Cost too high	Recommend generic or combo drug(s)
	Transportation issues	Check whether member's pharmacy offers delivery; for mail service, provide #: • Emblem: (877) 866-5828 (Express Scripts) • Empire: (833) 207-3117 (Carelton)
	Unable to manage/remember	Help to set up a phone alarm and other tools, e.g. pill box organizer • Encourage member to enroll in a refill reminder program with their pharmacy or at-home delivery. • Limit prescription frequency to a maximum of twice per day, when possible
	Worried about side effects/not working	• Explore additional options • Explain importance/purpose of drug

HealthCare Partners (HCP) is here to help!

HCP Pharmacy Staff

Call: (516) 515-8861

Monday through Friday,
8:30am - 5:30pm EST



HCP Case Managers

Call: (888) 258-0203

Monday through Friday,
8:30am - 5:30pm EST

Our Case Managers can:

- Teach patients about their condition
- Guide them in making a treatment plan
- Help them get medications and care
- Coordinate transportation based on member's assigned benefit
- Set up referrals and doctor visits
- Provide a Nurse on call, 24/7 at (516) 238-6124

Social Work & Behavioral Health Department

Call: (516) 394-5650

Monday through Friday,
8:30am - 5:30pm EST

Email: BHref@hcpipa.com

Our department can check, screen and arrange for treatment of individuals with behavioral health and/or substance use disorders.